

TOPIC : "CAPACITY BUILDING WORKSHOP"

PHYSICAL WORKSHOP SER 18/24 - 25 : COUNSELING APPROACHES FOR STUDENT SUPPORT

DURATION : 10-14 FEB 2025

VENUE : APJ HALL

ATTENDANCE : 48

Day	Session 1 (0900-1115h)		1115 - 1130h	Session 2 (1130-1315h)	1315 - 1415h	Session 3 (1415-1630h) 5 Mins Break
	Monday 10 Feb 25	0900-0915h - Participants Registration (Academic Clk) 0915-09305h - Briefing by Dir Coord 0930-1000h - Opening Address by MD 1000-1015h - Group Photographs		1000-1115 Key Note Address by Dr Jitendra Nagpal		Tea Break
Tuesday 11 Feb 25	Solution Focused Therapy Dr Anusuya, Amity University Noida.		Emotional Well Being Curriculum : Manodarpan Babita Sinha, APS Noida NCERT Resource Pers	Hypnosis based Guided meditation for managing stress and anxiety Nidhi Kothiyar , Counselling Psychologist Noida		
Wednesday 12 Feb 25	Intervention strategies, safety planning, and when to refer students to specialists: Case Study Discussions Manisha Verma Faculty IE		Grounding techniques EDMR and Marma Therapy Capt Pratiksha Tripathi (Retd) Psychologist, Mantran Counselling Services	Break		
Thursday 13 Feb 25	ACT Therapy Experiential learning Dr Jyoti Handa		Clean language Therapy Experiential learning Dr Jyoti Handa	Reprogramming Automatic Patterns Manisha Verma : Faculty IE		
Friday 14 Feb 25	POSH Act and POCSO Act Col Pradeep Dir SLF & Cord		Aptitude test (Tamanna Test) Prof Anjum Sibia NCERT (Retd)	1415-1430h - Summing Up session 1430-1545h - Feedback 1545-1615h - Closing Address by MD		